

[Reading the display]

■ Time display

Example: 10:58'30-39" PM

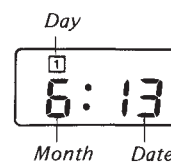
10-second PM (lit) or AM (not lit)



Press the lower button.

■ Calendar display

Example: June 13 (Monday)



Release the lower button.

[Readjusting errors up to ±30 seconds]

(Gains within 30 seconds)



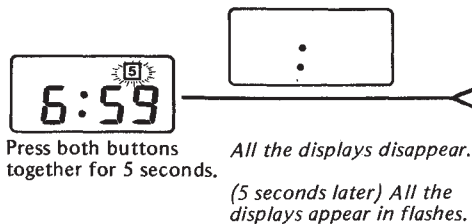
Press the lower button on a time signal when the 10-second symbol is within 0 – 29 seconds.

(Losses within 30 seconds)



Press the lower button on a time signal when the 10-second symbol is within 30 – 59 seconds.

Gains or losses within 30 seconds are adjusted to zero.



[Operating the stopwatch]

(START)

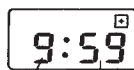


Press the upper button.

The display changes from regular time-keeping to stopwatch mode. At the same time, the stopwatch starts. The PM position flashes while the stopwatch is working.

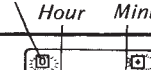


(STOP) (RE-START)



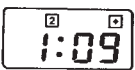
Press the upper button to stop. Press the upper button to re-start.

10-second



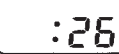
After 10 minutes the display automatically converts from "minutes and seconds" to "hours and minutes" up to 13 hours.

(STOP)

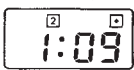


Press the upper button.

The second display can be viewed by pressing the lower button when the stopwatch is stopped.

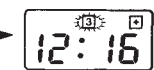


(RESET)



Press both buttons together.

The stopwatch is reset. At the same time, the display converts to regular timekeeping.



[Setting time and calendar]



Press both buttons simultaneously for 25 seconds or more.

All the display disappear.

Press both buttons simultaneously on a time signal.

(5 seconds later) All the displays appear in flashes.

(10 seconds later) Only the minute digits appear.

(15 seconds later) Only the hour digits appear.

(25 seconds later) All the displays disappear.

(Month setting)

Press the lower button to advance one date.

(Minute setting)

Press the upper button.

(Hour setting)

Press the upper button.

(Day setting)

Press the upper button.

(Date setting)

Press the upper button.



Press the lower button to advance one minute.

Press the lower button to advance one hour.

Press the lower button to advance one day.

Press the lower button to advance one month.

(Setting mode indication)

⓪	flashes	Month
Ⓛ	„	Date
Ⓜ	„	Day
Ⓢ	„	Hour
Ⓣ	„	Minute

(Independent correction)

Correction of any digit, if not required, can be skipped by pressing the upper button repeatedly.

(Reversion to normal time display)

The watch reverts to the normal time display if both buttons are pressed simultaneously, regardless of the digit setting mode.

Note: As the calendar system is set at 28 days for February, reset March 1 to February 29 each leap year.