Module No.156

[Reading the display]

Regular timekeeping

P.M. [Time]

Hour Minute Second

Release Ⓐ. Press Ⓐ.

[Calendar]

Month Date Day

Press Ⓒ. →

[Daily alarm mode]

Alarm-ON-mark

Mode indicator

Hour Minute

Time-signal-ON-mark

Press Ⓒ. →

[Countdown alarm mode]

Mode indicator

Minute

Press Ⓒ. →

[Time/calendar setting mode]

Mode indicator

Hour Second
Minute

Press Ⓒ.

(Auto-retrieve function) Any display will automatically return to the regular timekeeping mode in 1 or 2 minutes.
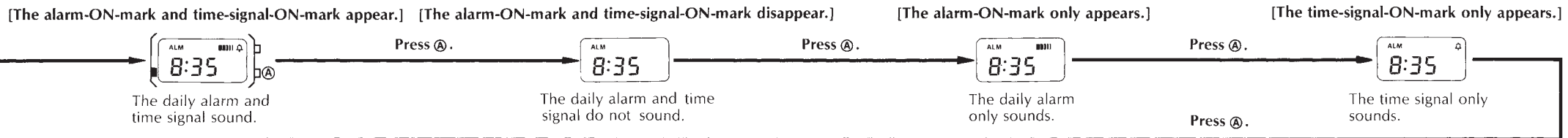
[Setting daily alarm]

If the daily alarm is set, the buzzer sounds for 10 seconds at the preset time every day until cleared. To stop the buzzer, press the Ⓑ button. If the time signal is set, the watch sounds every hour on the hour.
(Sound demonstration) Press and hold the Ⓐ button in alarm mode to sound the buzzer.
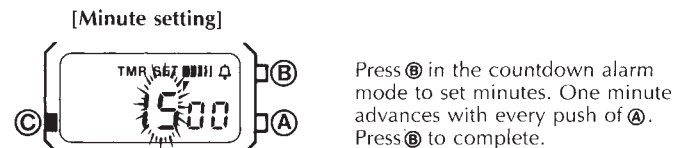
[Daily alarm mode]   **Press Ⓑ.** → [Hour setting]   **Press Ⓑ.** → [Minute setting]

Press Ⓐ to advance one hour.   Press Ⓐ to advance one minute.

Press Ⓑ to complete.*
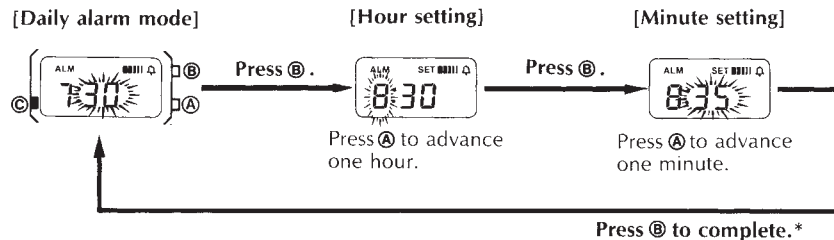
*If the Ⓒ button is pressed, the watch reverts to the regular timekeeping mode.
(Quick digit advance) When the Ⓐ button is pressed for more than 2 seconds, the digit advances quickly. When released, the digit advance will stop.

[ON or OFF setting of daily alarm and time signal]

[The alarm-ON-mark and time-signal-ON-mark appear.]   **[The alarm-ON-mark and time-signal-ON-mark disappear.]**   **[The alarm-ON-mark only appears.]**   **[The time-signal-ON-mark only appears.]**

Press Ⓐ. →   **Press Ⓐ.** →   **Press Ⓐ.** →

The daily alarm and time signal sound.   The daily alarm and time signal do not sound.   The daily alarm only sounds.   The time signal only sounds.
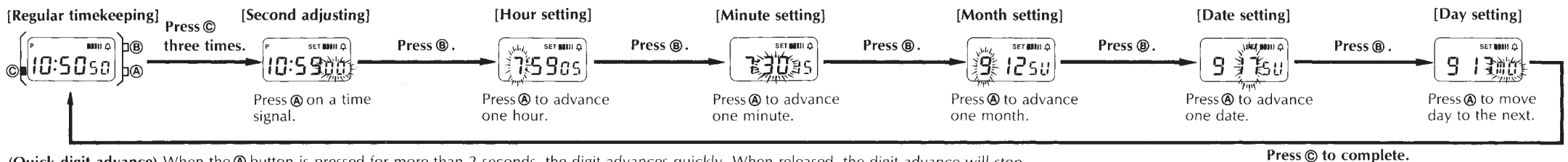
Press Ⓐ.

[Countdown alarm operation]

The countdown can be set from one minute to 60 minutes, and times to an accuracy of one second. Start/stop operation is possible by pressing the Ⓐ button and is confirmed by a signal. When the display reaches zero, the buzzer will sound for 10 seconds unless the Ⓑ button is pressed.

[Minute setting]

Press Ⓑ in the countdown alarm mode to set minutes. One minute advances with every push of Ⓐ. Press Ⓑ to complete.

[Setting time and calendar]

[Regular timekeeping] **Press Ⓒ three times.** → [Second adjusting] **Press Ⓑ.** → [Hour setting] **Press Ⓑ.** → [Minute setting] **Press Ⓑ.** → [Month setting] **Press Ⓑ.** → [Date setting] **Press Ⓑ.** → [Day setting]

Press Ⓐ on a time signal.   Press Ⓐ to advance one hour.   Press Ⓐ to advance one minute.   Press Ⓐ to advance one month.   Press Ⓐ to advance one date.   Press Ⓐ to move day to the next.

Press Ⓒ to complete.

(Quick digit advance) When the Ⓐ button is pressed for more than 2 seconds, the digit advances quickly, When released, the digit advance will stop.
(Independent correction) Correction of any digit, if not required, can be skipped by pressing the Ⓑ button repeatedly.
(Auto-retrieve function) Any setting display will automatically return to the regular timekeeping mode in 1 or 2 minutes.