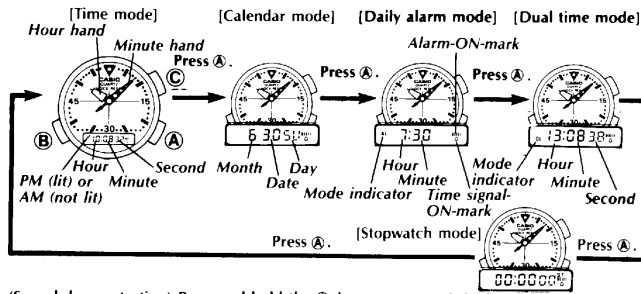


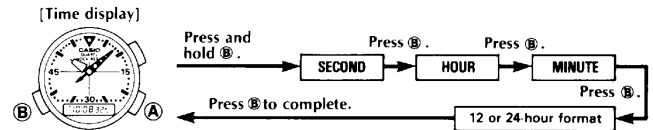
Module No. 380

READING THE DISPLAY



(Sound demonstration) Press and hold the (A) button to sound the beeper.
 SU: Sunday MO: Monday TU: Tuesday WE: Wednesday TH: Thursday FR: Friday
 SA: Saturday

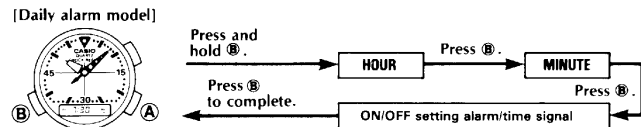
SETTING DIGITAL TIME



- 1) Press and hold (A) in the time display to set time.
 - 2) Press (B) on a time signal to correct seconds.
 - 3) Press (B) to shift flashing digit(s). The digit(s) to be changed will flash.
 - 4) Each press of (B) increments the digit by one. Keep pressed to move at a high speed.
- * In the case of 12/24-hour selection, each press of (B) switches the display between 12-hour and 24-hour format alternately.
- (Auto-retrieve function)
 If no button is pressed for a few minutes, the display automatically returns to the regular timekeeping mode.
- 5) Press (B) to complete.

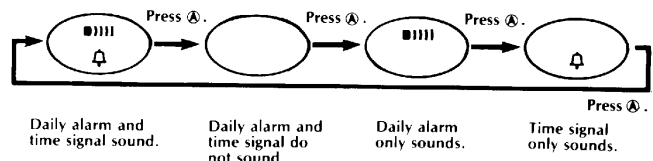
SETTING DAILY ALARM

If the daily alarm is set the beeper sounds for 20 seconds at the preset time every day until cleared. Press any button to stop the beeper. If the time signal is set, the alarm sounds every hour on the hour.



- 1) Press and hold (A) in the daily alarm mode to set time.
 - 2) Each press of (B) increments the digit by one. Keep pressed to move at a high speed.
 - 3) Press (B) to shift flashing digit(s). The digit(s) to be changed will flash.
- * In the case of daily alarm time-signal on or off setting, the display changes as shown right with every press of (B).

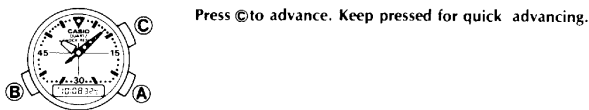
[ON OR OFF SETTING OF DAILY ALARM AND TIME SIGNAL]



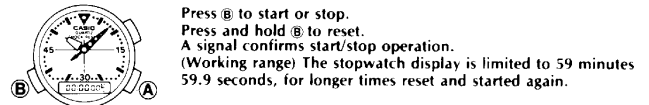
- (Auto-retrieve function)
 If no button is pressed for 2 to 3 minutes in the alarm setting mode, the display automatically returns to the initial alarm mode display.
- 4) Press (B) to complete.

* When the watch is in the 24-hour system the alarm time is also displayed in the 24-hour system.

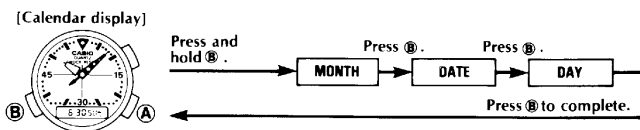
SETTING ANALOG TIMEKEEPING



STOPWATCH OPERATION

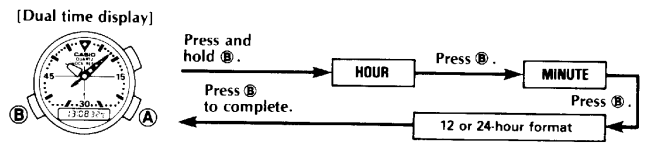


SETTING CALENDAR



- 1) Press and hold (A) in the calendar display to set calendar.
- 2) Each press of (B) increments the digit by one. Keep pressed to move at a high speed.
- 3) Press (B) to shift flashing digit(s). The digit(s) to be changed will flash.
- 4) Press (B) to complete.

SETTING DUAL TIME



- 1) Press and hold (A) in the dual time display to set time.
 - 2) Each press of (B) increments the digit by one. Keep pressed to move at a high speed.
 - 3) Press (B) to shift flashing digit(s). The digit(s) to be changed will flash.
- * In the case of 12/24-hour selection, each press of (B) switches the display between 12-hour and 24-hour format alternately.

(Auto-retrieve function)
 If no button is pressed for 2 to 3 minutes, the display automatically returns to the regular timekeeping mode display.

- 4) Press (B) to complete.